HARCOURT, NEWS THE

June 2019

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Harcourt Progress Association Inc

21st Anniversary of Sorry Day







The spiritual connection of the Dja Wurrung with country was central to the opening of the Sorry Day ceremony in Harcourt on Sunday May 26. As MC, Vic Say, opened proceedings Bunjil the wedge tail eagle appeared overhead to the delight and awe of the gathered crowd. The day marked the 21st anniversary of Sorry Day being celebrated in the Shire.

Sorry Day symbolises the recognition that there have been generations of Aboriginal people who have been stolen. This truth was captured in the report called "Bringing Them Home" which was presented to the Australian Parliament on May 26 1997. John Howard and his conservative government offered a statement of regret, (which did not pass in Parliament) and refused to make an outright apology. In response to this the first Sorry Day was held on May 26, 1998.

The Welcome to Country was performed by Auntie Kerrie Douglas; she described the materials she had collected for the smoking ceremony and the reasons for this purifying ritual, which was to be conducted when speeches were concluded.

Vic Say told the gathering that when the first Sorry Day was commemorated in Mount Alexander Shire, the Mayor Stephen Carthew indicated he had to speak as a private person because at that time the Council had no policy or platform which related to the local indigenous people. "How

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Harcourt A Growing Place

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DEADLINES & PUBLICATION DATES

We aim to publish by the 3rd of the month. The deadline for submissions is the 24th of the month prior. Advertisers and community groups will be sent reminder emails. There is no edition in January.



MEMBER 2018

21st Anniversary of Sorry Day from page 1.

things have changed for the better," said Vic, "In 2014 the Council made a Commitment to the Aboriginal and Torres Strait people of the Shire and in 2017 a Reconciliation Stone made by Glen Braybrook, was placed outside the Council building." Mayor Bronwen Machin continued in the same vein; she said "Our relationship with our local indigenous people is now extraordinarily rich, creative and productive. Although we need to recognise we have so much more to learn and I acknowledge the generosity of our local elders in sharing their knowledge with us."

The centre of the morning's commemoration was the speech by Auntie Julie McHale, a Harcourt resident who is of Tasmanian Aboriginal descent. Auntie Julie began by Acknowledging Country in her own language. She traces her ancestors back to 1775 and has researched and learnt of generations of dispossession, maltreatment and loss in her family due to white settlement. What she relayed was certainly difficult to hear and heart rending. She concluded by generously saying, "This is not to make people feel guilty, but to help people understand the truth so we can all go forward together, knowing the truth."

Further speakers were Bodie Maffescioni, School Captain of Castlemaine Secondary College and Auntie Kath Coff who described the work of the Nalderun group with Aboriginal students in Castlemaine. She thanked Vic Say and other speakers and members of the community who support local indigenous people. She

also acknowledged the volunteers from Harcourt Lions and the Victorian Miniature Railway who obtained and installed the flag poles which enabled the Australian Aboriginal Flag, the Torres Strait Islander Flag and the Australian Flag to be flown together for the first time in Harcourt.

At the conclusion of the speeches, Vic Say invited the crowd to take part in the smoking ceremony and also to write messages and attach them to the Sorry Tree, the first of which was instigated in 1998. He remarked, "These contributions are still valued and reflected upon today."



Braving the cold, a local member of the Police Force, takes off his shoes to walk through the smoke. Auntie Kerry Douglas reminded those taking part that it is important to smoke the feet or soles of the shoes during a smoking ceremony as this is the part of the body which is in contact with country.





Harcourt Progress Association

Freeway Roundabout Cleanup

Want to see the Freeway Roundabout cleaned up? Leadership needed.

It takes more than wanting; someone has to do it!

We are looking for volunteers to take the lead on caring for the 8 sections of the roundabout. A leader would form a team and care for one or two sections. Let's see whose area looks the best!

Join other volunteers to carry out planting and weeding on the roundabout on Sunday June 16th, from 10 am to 12 pm; morning tea will be provided. Meet at the end of Station Street beside the roundabout.

For more details contact Sha Cordingley on 0422 206 361.

Harcourt Roundabout **Working Bee**

Sunday June 16 10 am to 12 pm

Planting and weeding Meet at the end of **Station Street**

Morning tea provided.

Call Sha for details: 0422 206 361



Harcourt Shines – 1,000 great ideas for Harcourt

Ideas-a-thon

Nearly 100 people attended the Shine Harcourt Ideas-a-Thon on Saturday 25 May. The Harcourt Progress Association organised and hosted the night at the Bowling Club. It was a night of riotous fun which generated 1,000 ideas for Harcourt.

Not only were those great ideas generated, but the gathering was entertained by local singer Tracey Candy. Tracey specialises in "channelling" famous female singers. Her amazing voice and costumes dazzled and delighted everyone.





Tracey Candy wowed the audience at the Ideas-a-thon. Photo by Brendan McCarthy.

Teams gathered at their tables and enjoyed being challenged to put their brains to work on behalf of Harcourt's future. Led by consultants Kate McMahon and Amanda Kunkler from Hello City and Eva Parkin, Shire Economic Development Officer, the night went off without a hitch. Delicious meals were provided by Ozzie and Ricky Townsend from KT's Coffee cart; drinks were ably poured by John Starbuck and helpers from the Bowls Club. Judges from community and business gave generously of their time and valuable prizes from local businesses were awarded to the most outstanding ideas.

Shine Harcourt Ideas Lab – Themes developed and honed

The ideas from the Ideas-a-thon were sorted and themed for the Ideas Lab which was held a week later on May 31.

Present at the beginning of the day were member for Bendigo West Maree Edwards and Shire representatives Mayor, Bronwen Machin; CEO Darren Fuzzard and Eva Parkin and David Leatham from the Shire's Economic Development area. Participants included some who had been at the Ideas-a-thon plus invited guests with business and innovation knowledge.

Guest speaker Steve Turner from Sydney who took part in Shaping Wollongong ten years ago said, "As a result of a similar process which the Harcourt community is undergoing now, Wollongong is unrecognisable from the economically depressed place it once was." He also pointed out that there is no "silver bullet". "There was no grand plan or huge investment by any government, but a publication called Shaping Wollongong was produced. It allowed people to have a record and a reference for inspiration. Community members responded by starting a multitude of small projects which fed off each other and which inspired confidence; and ultimately this

did attract investment. It is now a City of Innovation," he concluded.

The work of the day was led by the consultants from Hello City. Every idea from the Ideasa-thon "found a home" under a themed heading. Participants worked in groups focussing on: Local Production, Adventure, Collaboration, Growth, First Nation and Story. The general aim was to develop achievable

activities which would be distinctive to Harcourt and which would attract visitors or investment to help the town grow in the



Auntie Julie McHale discussed projects centred on indigenous culture in the Ideas

way that locals want it to. For example, "Local Production" was about exploring ways to best support and strengthen primary industry, agriculture and local producers.

The aim of Shine Harcourt has been to develop a package of ideas for economic stimulus to support Plan Harcourt which will establish a long term strategic plan for township development. Council obtained funding from the Australian Government's Building Better Regions program to make Shine Harcourt possible.

The output from the Ideas-a-thon and Ideas Lab has been recorded and Hello City will produce a Shine Harcourt document (due in August) which will assist future economic planning and will influence Plan Harcourt and vice versa. It will be available for anyone to refer to if they are interested in ideas for boosting Harcourt's economy.



Young families were well represented at the Ideas-a-thon. This group had a winning idea for a walking track to the reservoir. Photo by Brendan McCarthy.





Harcourt Valley Primary School Whole School Activity at the Wetland

Early in May the local Wetland on Victoria Road was filled with the sounds of happy children. The entire student body of Harcourt Valley Primary School took part in a session about the traditional uses of waterways and legends associated with birds of the area.

Aunty Marilyn Nicholls a Dja Dja Wurrung Elder spent the afternoon with students. Beginning with a smoking ceremony and a Welcome to Country, Aunty Marilyn explained the importance of these rituals, and talked about the waterways and how they were used by the Aboriginal people. Nicole Howie (an environmental educator) also discussed the importance of local waterways with the students. Later in the year, the students will conduct environmental monitoring exercises under Nicole's guidance.

Aunty Marilyn related the stories of Bunjil (the wedge tail eagle) and Waa (the crow) and the most exciting part of the day was when the children had the opportunity to assist in building a huge crow's nest and an eagle's nest.

This event is the first of four this year. The program has been developed by Harcourt Valley Landcare in conjunction with Harcourt Valley Primary School. The program has been funded by a grant from the North Central Catchment Management Authority.



Students collected sticks and line up to contribute them to the nests. At the top of the photo it is possible to see Landcare member Trent Gibson (left) and Aunty Marilyn (on the right) building the eagle's nest.



The crow's nest soon filled with "baby birds".



The entire school attended the wetland on Barkers Creek for the afternoon.



The finished crow's nest and eagle's nest.



Do you know your Roman Numerals?

Find the date: MDCCXIII

(Find the name of the Italian Composer who died in this year).

Find the numbers:

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CC

From Core Reader Neil Anderson

June 23rd, 1.30 pm Fireside Chat at Harcourt Heritage Centre

The Birthday Book

Do you keep a birthday book?
Learn about the book's origins and purpose.
Hear about their use for family history.
Have you have inherited a birthday book or two? Please bring them along on June 23rd.
Harcourt Heritage Centre has some historic treasures among its collection of birthday books.

Blazing fire, Warm welcome Bring a plate.



Local Community Events

The five Harcourt Twilight Markets held from November to April were a big success with large numbers attending, supporting local vendors and enjoying a great night out. We hope to resume monthly markets later in the year when the warmer weather returns. We will be recruiting working group members to assist with the conduct and staging of the markets - please contact Robyn if you can assist.

The HPA continues its 6 year partnership with the Harcourt Heritage Centre, supporting the Harcourt Applefest. A midyear planning session will be held at the ANA Hall on Monday 17th June, 7.30pm to discuss the 2020 Applefest. We have an Event Management Manual currently being finalised for next year's celebration and some funding to train and support community members to participate in this and other community events. Come along and share your thoughts about how to improve next year's Applefest.

And don't miss out on the Community Bonfire celebrating the Winter Solstice on Saturday 22nd June. Visit the HPA Facebook page to find out more.



Harcourt Play Space Update

The final design plan for the new playground will be presented to the Play Space Working Group in mid-June. The need for additional arborist's reports and steps to ensure the safety of the park's trees has delayed the process by several months. The Play Space Working Group is committed to keeping the community informed and - where possible - involved in this vital and long anticipated community aspiration. We would love to see community working bees convened as part of the construction of the play space so we can all be a part of realising this fabulous asset for our town. Further reports will follow.



Support your Town: Join your Local Community Association

The Harcourt Progress Association was founded in 2013 to support the visions and aspirations contained in the Harcourt Community Plan. In the past 6 years the HPA has been very active advocating, communicating and working with key stakeholders to achieve meaningful outcomes for Harcourt

The HPA has been pleased and proud to be involved in many local initiatives. We value the support and partnerships we have developed with other community groups.

We are very keen to get you – our fellow Harcourt residents and community members – more involved in the work of the HPA. We encourage you to take out or renew your membership in the organization.

Our next AGM is on Wednesday 24th July and we are looking to recruit new members to join the organization, help with local community events, get involved on a Working Group, join the Steering Committee or become part of our Executive Committee. Whatever role you can play or support you can show will be gratefully appreciated and go a long way to help us continue to grow and support the wonderful community of Harcourt.

Please don't hesitate to contact me should you have any questions.

Regards Robyn Miller 0467 670 271



Councillor Comment

Hi, all

The Shine Harcourt Ideas-a-thon was held at the Bowling club on Saturday May 25. A big thank you goes to all who attended and gave their time generating ideas for the good of Harcourt. The next stage of the process has seen all the ideas workshopped by a team of experts and documented for further action.

The Ideas-a-thon and Ideas Lab were efforts to capture what the community wants for the advancement of Harcourt. The results will inform the economic development initiative which will support The Plan Harcourt Process already underway. A special thank-you goes to Jacqueline, Robyn and the HPA for their support of what was a fantastic event. Also I must mention the entertainment provided by Tracey Candy. Absolutely fantastic!!

Good rain around has fallen across the district; all the gardens and farms are looking much happier.

Some of you will be aware that Council received comments on the 2019/20 budget at a special meeting and the budget will now be adopted. As part of that process the Community Grants were awarded, so well done to all the successful organisations. People have mixed ideas on community grants but I can assure you this is an important initiative of Council to assist many small organisations which build and strengthen our community.

Best regards to all,

Tony

AG Cordy 0439 742434



Harcourt Uniting Church Celebration and Sharing

Harcourt Uniting Church congregation may be small in number however there's always "something happening." On Mother's Day the ladies relaxed while the male members of the congregation prepared a delicious morning tea to serve to the women of the Church. They cooked the food, put on the lace table cloth along with a vase of flowers, served the cuppas and even washed up – well done men!

A couple of our members are going to join with the Tyrell Cluster of Churches in a camp at Halls Gap in July. We have been supporting this group of Churches in the

Harcourt Uniting Church congregation Mallee during the drought years and they decided to put may be small in number however our money towards inviting friends from their area to come thing happening." On Mother's come to the camp and enjoy a break from their farms.

Our Adult Fellowship Group meets every month and at the May meeting our theme was "The Year of the Pig." with everyone to bring along "pigs." We had a pig mask, photos of pigs, historical piggy bank money boxes, a pork recipe, china pigs, memories of pigs on their farm, a piece of the plant pig face which has a very long botanical name, a funny poem about pork and even the modern children's story of Peppa Pig. Afternoon tea didn't follow the theme thank goodness!

Rev Sarah Tomilson, who has been our new minister in 2019, is a very enthusiastic young minister who is settling well into country life after living in Inner Melbourne. As I mentioned in an earlier article, the Castlemaine Parish is Sarah's first placement and she is doing a fantastic job.

The invitation is always open to all to come and join us any Sunday at 9am – Harcourt Uniting Church is renowned for being a very welcoming congregation. One of our favourite hymns begins with the words: "Come as you are, that's how I want you. Come as you are, feel quite at home." I think that could be our theme at Harcourt.

Jan Jenkin

Harcourt Produce Store

Excitement is building as the Harcourt Produce Store nears completion. The Core was given a sneak peek inside recently and the renovations are nearly complete. Owner Annette Rae is looking forward to the finishing touches being done so she can realise her dream. Throughout winter Annette has continued to grow a broad range of vegetables behind the store and as the weather cools the greenhouse is coming into its own.

Annette wants to remind the local community that once the Store opens she will be able to purchase excess fresh produce which will be used or sold in the business.

Please contact Annette on M: 0430 302 763 or Email: <u>info@harcourtproduce.com</u> if you have local produce that you think could be great to have for sale in the shop.



As it was when it was known as the Harcourt Shop.



The Produce Store. Photo taken on June 1st, 2019.





Fruit Fly – New Monitoring System

Terry Willis of the Harcourt Fruit Fly Action Group reports that there is a new and exciting opportunity to monitor and control Queensland Fruit Fly (QFF) in Harcourt and Maldon. Harcourt Valley Fruit Fly Action Group (HVFFAG) believes the newly developed SnapTrap® monitoring system will be a great tool for monitoring future QFF outbreaks in Mt Alexander Shire and the present outbreak in Harcourt.

Kim Khor from Paynes Orchards near Bacchus Marsh and the developer of the SnapTrap® contacted Terry when he heard news of the outbreak in Harcourt. His idea was to set up a SnapTrap® to help with monitoring the outbreak. While that hasn't happened yet, we are now in a position to offer some funds from our Community Partnership Grant from Maldon & District Community Bank to make this happen. These funds are not enough to cover the costs of the trap subscription but Kim has kindly agreed to install them anyway.

Thompson's Orchards in Harcourt and the Maldon Cherry Farm have agreed in principle to trialling a SnapTrap[®] on the orchards they manage/own.

Terry said, "I feel this is a great opportunity for all parties. Kim Khor inventor of the SnapTrap® gets to promote his product. The orchards have a new tool to fight QFF and monitoring biosecurity issues. Maldon & District Community Bank is excited to see progress and is therefore able to promote Community Partnership Grants from the Maldon and Community Bank, one of which is partly funding this initiative and HVFFAG gets to form closer relationships with local commercial orchards.

Here is a little more information about the SnapTrap©

- SnapTrap© is a new trap monitor system for fruit growers and biosecurity.
- SnapTrap© gathers photos, sensor logs and other trap data for online analysis.
- It provides software tools for optimising pest management, biosecurity and production.
- SnapTrap© is designed to combat fruit fly, codling moth and lots of other horticulture problems.
- For more information see: https://www.snaptrap.com.au/
 Harcourt Fruit Fly Action Group is a sub-committee of the Harcourt Valley Landcare. For enquiries about combatting fruit fly, contact harcourtfruitfly@gmail.com

Harcourt's Little Library

is at the Heritage Centre Leave, borrow or take a book. Wednesdays from 10am to 4pm

UNESCO Bid by Bendigo Brings International Visitor to Blumes Bakery

Dag Hartman from Sweden recently visited Bendigo and region to assist the Greater City of Bendigo in its bid to become a UNESCO City of Gastronomy. The bid is supported by the region surrounding Bendigo which has many artisan food producers who add to the reputation of the area and assist in attracting visitors.

Dag works in economic development in his city of Ostersund which is one of the 26 Cities of Gastronomy in the world and on his visit to the Mount Alexander Shire was accompanied by Bendigo Councillor Jennifer Alden. Firstly Dag and Jennifer visited Winters Flat Primary School to see the operation of the Stephanie Alexander Kitchen Garden. They then moved on to Blumes Bakery. They were extremely interested in the oven and its restoration process and in the care with which Jodie sources ingredients such as the organic fruit and flour. The process of course is all important; using traditional methods it is a 24 hour process to produce a batch of loaves from scratch. Needless to say they were impressed with the effort and care which Jodie puts into the production of the bread.

Plans are evolving at Blumes Bakery; the "barn" which was once the Apple Drying Factory is being renovated and heated to become the Bakery Shop. Owners Jodie and David Pillinger have seen the need to save space in the bakery by moving the retail function into the old factory. When The Core recently visited the barn was cosy and warm. "There is still work to be done of course but we are looking forward to moving our shop into the new space," said Jodie.



Dag Hartman from Sweden and Councillor Jennifer Alden view the bakery oven.



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Maldon and District Community Bank funds Nalderun Initiative – Talking with our Elders

I felt privileged to attend the Sorry Day ceremony in Harcourt last weekend, and hear Aunty Julie tell the story of her history, back through many generations.

It was confronting and sobering to hear the strong themes of displacement, dispossession, and stolen children (and women) throughout each generation, and the fracturing of family and culture this has caused.

Hearing history first-hand like this, and seeing the pain and trauma on the face of the story-teller is incredibly powerful, and brings our history to life in a way that's completely different to reading a written word, or hearing a story re-told by someone that's not connected to the history in a personal way.

That's why the "Talking with Our Elders" project being run by the Nalderun Group is so important, and why we at the Maldon & District Community Bank® are very pleased to provide some funding for it under the \$150,000 grants we recently awarded as part of our 20th Birthday celebrations.

Nalderun is a Dja Dja Wurrung word meaning 'all together'. The Nalderun Group was established in the Mount Alexander Shire in 2012 as a collective of the local Aboriginal community, other volunteers and partner organisations.

Nalderun's vision is 'to walk together towards a future where local Aboriginal and Torres Strait Islander people are connected to country and culture, and are strong, proud and empowered'. To achieve this vision they deliver holistic health, education and advocacy services to the local Indigenous community, and cultural awareness to the broader community.

The project the Community Bank is supporting will involve young members of the local indigenous community connecting with and honouring their elders by creating a

number of standalone oral history videos entitled "Talking with our Elders".

Talking with our Elders is an Indigenous-based educational program aimed at local, senior students with Indigenous heritage. The young folk will be mentored in filmmaking, story-telling and "listening" by People Pictures' Cath South and Stewart Carter with local and guest indigenous presenters.

This project is primarily about supporting our local Indigenous people to reclaim their history on a community and grass roots level, but the broader community will also benefit from this celebration of local Indigenous heritage as more elders like Auntie Julie are supported to tell their stories, and connect us all in a very real way to the shared history of the place where we all live together.

The Maldon & District Community Bank® is proud to be able to contribute in some small way to this project going ahead. We also want to acknowledge that we can only do this because so many members of our community choose to bank with us, which directs the profits from their banking into community building projects like "Talking with our Elders". If you like the idea of your banking contributing to meaningful projects (rather than lining the pockets of executives and shareholders), please visit the website at www.maldoncb.com.au to see how you can connect with us.

The project is planned to end with a special local world premiere launch where all participants and the wider community will come together to celebrate, and we can't wait!

> Katie Finlay Director, Maldon & District Community Bank®



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Station Building Begins at VMR with **VCAL Student Input**

A success story related to the relevance of VCAL education (Victorian Certificate of Applied Education) is being played out at the Victorian Miniature Railway. As construction commences with Castlemaine Secondary College (CSC) students assisting, they are being supervised by Daniel Klimeck of Redda's Carpentry who in 2012 was a VCAL student at CSC. He completed a School Based Apprenticeship then a full apprenticeship and has now established his own business. His first words to the students were, "No phones, except in an emergency, be safety aware, wear your protective gear at all times as you are now entering a work site." What a great example for the young people working at VMR!

The Harcourt Lions has provided all the safety gear for the students at a cost of \$2,500.



In the excavation for the carriages: Students and supervisors, VMR members and Grant Victor-Gordon of the Harcourt Lions on site.



Daniel Klimeck of Redda's Carpentry supervises two of the VCAL students on their first day on the job.

Youth Engagement Program wins **VCAL Achievement Award**

The Harcourt and District Lions Club at VMR and to plan for the and Victorian Miniature Railway (VMR) installed two new flag poles in Stanley Park in May, in support of the Harcourt Community hosting the Sorry Day commemoration which marked the beginning of Reconciliation Week. The Clubs wished to be part of making this ceremony possible, to show our respect and appreciation for the commitment and hard work that has undertaken by the Nalderun Project and VCAL students, to building the miniature railway in Harcourt.

The Youth Engagement Program to build the miniature railway in Harcourt, commenced in 2018. The Program has offered the Nalderun and VCAL students from the Castlemaine Secondary College a trade based, hands on work experience, at VMR. The Program has also provided an opportunity to teach the students how to apply for local and State government grants for Community projects. The Lions Club and VMR applied for a 'Pick My Project' grant to build the miniature railway station. The selection process relied upon 'public voting' for the proposed projects. The students actively engaged in setting up 'Voting help stations' in Harcourt and Castlemaine during Term time and on weekends over an eight week period. Thanks to the amazing efforts of the students and the Clubs, we were able to secure the funding for the railway station to be built in 2019.



Steve Carroll, Castlemaine Secondary College; Grant Victor-Gordon, Harcourt Lions Club; Andrew Mierisch, VMR; James Merlino, Minister for Education.

The Nalderun Project and VCAL students have not only met, but exceeded our expectations regarding their commitment to the Program. They have done this by representing the school values of resilience, responsibility, creativity and engagement with the local community. They have also shared their knowledge and love of the land. They have inspired the Clubs to continue the miniature railway construction works

restoration of the native

flora and fauna, to the miniature railway site. We hope to achieve this as another collaborative project with the Nalderun Executive, students and Harcourt Valley Land Care.

The Youth Engagement Program was selected by the Victorian Curriculum and Assessment Authority for a VCAL Achievement Award, in the category of VCAL Community Partnerships. Representatives from the Lions Club, VMR and the Secondary College along with several of the students were invited to the Award ceremony at Federation Square. The Minister for Education, James Merlino presented us with the Award and then joined us for a photo along with the 2nd Vice District Governor of the Lions Club, Robyn Falloon.



Lions 2nd District Vice Governor, Robyn Falloon, VCAL students, teaching representatives, and Grant Victor-Gordon with James Merlino, Minister for Education

In 2019, the Youth Engagement Program has transitioned from building the railway tracks to building the Miniature railway station. Work has commenced on completing the railway station ground works and the students have been involved in marking out the site and getting it set up for the concrete pour under the guidance of the builders. The station and platform will be completed in November 2019 and the plan is to open to the public in December 2019.

Finally, we wish to thank the Nalderun Executive for providing the Clubs with the opportunity to work with these amazing students. We also wish to thank Maine Design and Construction, Redda's Carpentry, Tandin Construction, Kowelec electrical contracting, United Air and Plumbing, Hansen's Concrete and Mt Alexander Timber and Hardware for their generous support for this Community project.

Grant Victor-Gordon





Harcourt CFA

The Change from Summer to Winter

The timely arrival of the first significant rain with the lifting of fire restrictions was fortunate. The month of May proved to be the transition leading into winter we had all hoped for and the rain brought back green grass to the Harcourt Valley. As a result the brigade hada very quiet month.. There would have been zero turnouts except for a call for support for a chimney fire which was noticed by the Castlemaine brigade on their way to inter-brigade training. Our brigade's tanker was not far behind so stopped to lend a hand. Unfortunately neighbouring brigades have responded to various building fires recently where significant fire damage has been caused.

Statistically at this time of year there are particular types of building fires which occur regularly. The CFA attempts to educate the public about these as the risk of these fires can be reduced by the householder in many cases. Chimney fires are a problem any time, but when they occur in chimneys that are old and crackedthe fire can ignite other materials in the roof structure and spread throughout the roof cavity. The other risk is the embers from the top of a chimney which is on fire have the potential to start another fire if they land on material that can burn. This was the situation in Castlemaine (as mentioned above) where the embers were landing on the roof of the adjacent building. Cleaning of chimneys is part of the prevention process as well as the burning of good quality dry firewood.

Open fireplaces and solid wood heaters are another source of risk.

The risks with open fire places include the potential of a log rolling out of the fireplace and sparks. Having proper sturdy guards/screens in place can alleviate the risk. Solid wood heaters are generally safe. Problems can arise when opening the door to add more wood. This is when sparks or embers can escape the firebox. Make sure the wood you use is cut to the correct length of the firebox to avoid the dangerous situation of having a partially opened door on the fire or having to attempt to remove a burning log.

Leaving candles burning and unattended (the cause of another local incident) is also a regular factor in house fires, especially when placed near curtains or other combustible materials. Never leave a candle burning if going out or if you are leaving a room to be in another part of the home.

These are all simple situations where we can take action to mitigate the risk and part of a whole range of steps that can be taken as part of a winter fire safety plan.

I read a statement recently from the USA, that in America 30 years ago a person had about 17 minutes to escape from the time of ignition of a fire in the home. Today this time is reduced to 3 to 4 minutes. This shows how important it is that in case of fire , working smoke alarms must be fitted in your home and also that every family should have an evacuation plan which includes a strategic meeting place that all family members are aware of and have practised.

CFA Burning Off Publicity Release

When fire restricitions were lifted around the state, there was a sudden increase in fire calls because a number of burn offs escaped or were not registered. The CFA has released a public information reminder on requirements for burning off, the detail are as follows:

Before Burning Off

Burning off grass, stubble, weeds, undergrowth or other vegetation is generally permitted outside the fire danger period. Local Laws on burnoffs can apply year round; check with your local council before lighting up.

- Notify neighbours at least two hours before starting the burn
- Notify the Emergency Services Telecommunications Authority (ESTA) on 1800 668 511
- Check the weather forecast for the day of the burn and a few days afterwards
- Check the fuel moisture conditions
- Establish a fire break of no less than three metres which is cleared of all flammable material
- Make sure there are enough people to monitor, contain and extinguish the burn safely and effectively

www.cfa.vic.gov.au/burnoff

Stay safe and warm and take note of SES storm warnings and act accordingly.

> Tyrone Rice Brigade Community Safety Coordinator



LIMERICK by The Bard of

I was riding my bike to the station, Thus saving the world and my nation, When right at this juncture One tyre had a puncture Thus causing a sudden deflation.



MASH helps Harcourt Valley Primary Go Solar

A 10.5kW solar power system has just been installed on Harcourt Valley Primary School thanks to a \$9,200 donation from the More Australian Solar Homes (MASH) community solar bulk-buy.

This 38-panel solar system will generate an average 45 kilowatt hours of electricity a day, supplying around 30% of the school's electricity needs. Bill savings will be around \$3,000 a year and CO2 emissions cut by around 16 tonnes annually. The balance of the system's cost was covered by the school's fund-raising program.

"Money saved on power bills will enable additional funds to be directed into maximising the learning outcomes of all students at Harcourt Valley Primary School," said principal, Andrew Blake.

The educational opportunities presented by this solar PV system will be a big focus, said Jo Kaptein, manager of the MASH community solar bulk-buy. "A 'Solar TV' will be installed in the library so students can understand how solar works as well as its financial and environmental benefits."

"Students and staff will be able to see how much solar power is being produced at any time – and how much of that power is being used by the school, instead of drawing power from the grid", says Jo.

"Integrating the educational benefits of this system into the school curriculum will achieved by supplying the school with multiple logins to the online solar monitoring system, Fronius Solar.web.

"We see the monitoring as a terrific way of helping students engage with the solar on the school's roof in a way that is very real and practical", said Andrew Blake. "It will help us bring the energy aspects of their sustainability studies to life. We want to help students become fully informed

citizens of the future in terms of the environment and renewable energy. This solar system, donated through the support of literally hundreds of MASH participants, is going to play a huge part in helping us achieve this goal. Thanks MASH!"

"Ultimately we'd love to have a bigger system", said Andrew Blake. "Even with 38 panels on our gym roof, there's room for more. We were really pleased with the advice we got from the MASH supplier, Macedon Ranges Solar Power, as we feel that they took all our requirements into account and came up with the best possible solution.

"Another big benefit is that the Fronius inverter actively monitors the amount of solar that's being generated. So if anything goes wrong Macedon Ranges Solar Power, will receive an automated alerted so they can fix it. That gives us huge peace of mind!"

For more information about the MASH community solar bulk-buy, including details of how to request a quote, visit mash.org.au or call 1300 466 274.



You're invited to a pleasant Sunday afternoon with tales of sculpting, forensic art and ancient Egyptian mummies

The Art and Science of Making Faces

Join our special guest speaker, sculptor Jennifer Mann, as she takes us on a fascinating journey through forensic facial reconstruction. Jennifer will talk about how her passion for portraiture set her on a path to become a highly skilled forensic facial reconstruction sculptor, and how she brought back the face of an Ancient Egyptian.



SUNDAY 16 JUNE 2019 2.00pm - 4.30pm

CASTLEMAINE TOWN HALL Lyttleton Street, Castlemaine TICKETS
www.trybooking.com/BCHWK
or call Heather Shill on
0417 003 444

\$15 Ticket price includes light refreshments

Jennifer Mann Sculptor and Forensic Sculptor

Jennifer Mann is an Australian sculptor based in the Macedon Ranges, Victoria, whose work includes figurative sculpture, portraiture, bas reliefs and bespoke awards. She works in bronze, terracotta, marble and silver, and has commissioned works on permanent public display throughout Australia and Italy.

Having sculpted since childhood, she studied Visual Arts at Monash University, attended art school in Melbourne and travelled overseas to further develop her skills. She regularly spends time in Italy, carving marble sculptures.

Jennifer's passion for portrait sculpting led her several times to the U.S. to study forensic facial reconstruction sculpting at the Forensic Anthropology Centre at Texas State University with leading expert in this field, Karen Taylor.

Drawing on these highly specialized skills, in 2016 she created a forensic facial reconstruction sculpture of an ancient Egyptian mummy for the University of Melbourne, which is now part of the permanent collection in the Harry Brookes Allen Anatomy Museum and in 2018 Jennifer became affiliated with the Department of Forensic Medicine at Monash University as Forensic Sculptor.

www.jennifermann.com.au

VIEW Club is a valued part of The Smith Family and all funds raised at this event will go to The Smith Family who provides long term educational support to Australian children and young people in need.



News from Harcourt Bowling Club



Bendigo Bowls Division Presentation Night Dinner

At the Bendigo Bowls Division Presentation Night on April 24th presentations of Pennant trophies were made to the winning clubs for this season. Proud and excited representatives from Harcourt Midweek Division Four were there to receive the trophy on behalf of the Club and the players.



Division 4 Pennant players with Shield.

Harcourt 100 Final

The introduction of the Harcourt 100 was well received this year; there were only two women who played in the ladies 100-up that didn't play in the mixed. It will likely be up and running again early next season with a further refinement of the handicapping.

The final of the Harcourt 100 was played out on Friday 3rd May between Danny Pettingil and Brian Smith. The winner with a strong lead was Brian Smith. The leader of the women was Judy Ewing who was defeated by Runner Up Danny.



Harcourt 100 Winner Brian Smith (r) with Runner Up Danny Pettingill.

Annual General Meeting

Four nominations were received for the four vacant positions, so Heather Braid, Kay Francis and Russell Timmins resume their role and Wendy Chaplin was automatically appointed as a new member of the Board. President Russell Timmins thanked all of the Board for their commitment to the management of the Club and for supporting him over the past year.

In his presentation of the Annual Report President Russell Maltby noted the achievements of the Club during this year. He said that the external approach to the club showcases improvements made over recent years and reflects a vibrant and active Club.

Mr Maltby congratulated the Midweek Pennant Division Four Team for their Grand Final win.

He also noted the achievements of the sub Committees during the year and extended thanks to those who volunteered on those committees throughout the year.

Retiring Board member John Grant was thanked for his exceptional service and dedication to the Club as Secretary for the past 8 years.

Life Member

Also retiring this year was Joan Jenkin, who for the past 15 years has diligently served the Club as Treasurer. As a member for more than twenty years she has also served on many committees and is a three time Club Champion.

For this dedicated contribution to the Club, members voted overwhelmingly to grant Life Membership to Joan. As she was not present on the Day, presentation of the Award was made to Joan by President Maltby with other members.

Immediately following the AGM the new Board retired for their first meeting and selection of Office Bearers. The



Board Members, Judy Ewing (L), Wendy Chaplin and Russell Maltby, President.

results were: President Russell Maltby; Vice Presidents Chris Anderson and Ken Tribe; Treasurer Judy Ewing. The position of Secretary has yet to be appointed.

Veterans Presentations

Following the BBQ lunch, Bendigo Bowls Division representatives Michael



Veterans Malc, Iain, Allan, Lorna & Ron with Stephen Piercy. Missing are Moira Straw and Joan Jenkin.

Greenwood and Stephen Piercy presented Super Veteran badges to Malcolm Grant, Lorna Davey, Iain McGibbon, Ron Frankling and Allan Nicholls. Moira Straw and Joan Jenkin were absent and will receive their badges at a later date.

The meeting was followed by a game of and social bowls.

Jackpot Triples

The Jackpot Triples which ran for 5 weeks proved very successful. With the cooler weather coming in the greens will need to be rested from time to time. Check at the Club for any social games being planned.

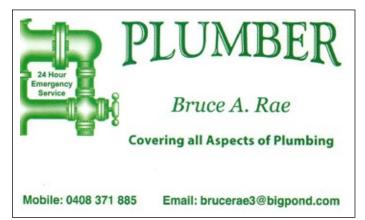
COMING UP IN JUNE

Our Fortnightly Friday Foodies will continue throughout the cooler months. Remember to have names in by the Wednesday afternoon for your choice of two meals.









Carpet Bowls Season Underway

Not too late to join!

The 2019 season commenced on May 1st, with 6 teams again this year. Once again we have players coming from Castlemaine to join us in spirited but friendly competition. This year we have mixed the traditional teams up a bit to create a more even competition. This has worked well some weeks, but not so well on other weeks with a few lop sided scores. This is the way carpet bowls can be at times but with a bit of luck and practice anyone can be a good bowler.

If you are interested in having a go, it is not too late to join us this season. We meet at 7.30 pm at the Harcourt and District Leisure Centre on Wednesday nights. The hall is heated and you will find a warm friendly atmosphere created by fellow bowlers. This ensures your Wednesday winter nights are fulfilling and fun and being at carpet bowls is therefore a better option than sitting home watching the rubbish on TV. For more information contact our Secretary Loretta Rice on 54742453.

Fundraiser for Legacy

One night a year we hold a special fundraising tournament for Legacy (Castlemaine Branch). This year we have set Wednesday 7th August for this event. This is a social event where teams are drawn out of a hat. This is a good night to come along and give carpet bowls a try and at the same time support a worthy cause.

Camp Out on the Mount

180 people signed up for Camp Out on the Mount which took place over the weekend of 6 and 7 April. The weekend started at about 4 pm on the Saturday with an afternoon tea and registration. Those who were staying overnight set up camp and partook of the barbecue prepared by the Harcourt Lions Club; the evening's activity was a night walk led by a Parks Ranger.

Sunday saw the proceedings begin with a welcome to country from Dja Dja Wurrung elder Auntie Kerrie Douglas. This was followed by a smoking ceremony prepared and explained by Michael Bourke. Both elders spoke about the physical and spiritual connection the Dja Dja Wurrung have with Mount Alexander. All present walked through the smoke in single file.

The gathering then listened to a number of speakers who discussed their experience with Mount Alexander and the unique things they have learnt about it.

Terri Williams from Bendigo TAFE talked about weeds and how to deal with them, Harcourt Valley Landcare member Jarrod Coote spoke about the importance of local Landcare groups. He was followed by Marilyn Bennett and Ian Braybrook

who have researched the history of the Silk Worm Farm which was established on Mount Alexander.

Later, those who were interested walked to the site of the farm. The group Little Habitat Heroes (LHH) has been reinvigorating the site with tree plantings. A professional photographer was engaged by LHH to take photos of individual

children standing next to a tree which was about their height.

Those who remained at the camp washed tree violet seeds and kept an eye on the children who were busy with craft activities. The Camp Out finished at about lunchtime. Fortunately, this year the weather was perfect!



Wattle, gumleaf and Cherry Ballart were used in the Smoking Ceremony. Michael Bourke, Dja Dja Wurrung Elder, explained that the Cherry Ballart drives away bad spirits and walking through the smoke ensures safe passage while on the Mount.





Harcourt Heritage Centre

Architect turned Orchardist **Henry Robert Bastow**

in March 1892. After outlining his plans to plant an orchard he was writing to Lang's Talbot Nursery to order hundreds of gooseberry, raspberry and strawberry plants and some quince trees. At the age of 53 he was contemplating a career change. He was soon to lose his position in a round of Government belt-tightening brought about by the bank crash and the economic depression. In October 1892 Henry Bastow asked James Lang to supply almond trees and currant bushes for his newly established orchard at North Harcourt.

In 1894 when his salary dried up Henry Bastow relocated permanently to the granite home that he had constructed. This house, named "Gnarwyn", was built on the hillside between McIvor Road and Dr Barker's Lane. Henry Bastow was a committed Christian and, as a prominent member of the Plymouth Brethren, gathered quite a flock in Harcourt. Weekly meetings were held at his home, and later, in a purposebuilt hall at "Gnarwyn". People from as far afield as Faraday attended these open-to-all lay-led meetings for worship in the morning, for Bible study in the afternoon and for a gospel service in the evening. The Brethren held to a belief in 'coming together in all simplicity as disciples' without ordained ministry or outward show. Most Harcourt North children attended the 'Gnarwyn' Sunday School led by Mrs Hooten, who gave every child a sugared bun each Sunday. Henry Bastow gave confident leadership in the community and, from time to time, conducted funerals. Newspaper accounts of those funerals invariably reported that Mr Bastow gave an impressive address. Mrs Eliza Bastow was well-known in the district for her natural remedies. In the meantime the orchard planted in 1892 was flourishing and was regularly listed as having the very best export varieties of apples. After Henry Bastow's death in 1920 the orchard was taken over by Mr H H Eagle.

If you are driving in the vicinity of North Melbourne it would be worthwhile stopping at the former Queensberry Street State School, No 603-615 Queensberry Street, there you will find a life-size statue of Henry Bastow.

The former Queensberry Street State School is now the "Bastow Institute of Educational Leadership". It provides structured training to teachers, school principals, learning specialists, educational support staff and early childhood professionals. The Institute's experienced, dedicated and energetic professionals are committed to improving the learning outcomes for children and young people. As a branch in the Victorian Department of Education and Training, the Institute's role is critical to realising the Education State agenda.

The Institute is a lively memorial to Henry Bastow, who, before he came to Harcourt, was the Chief Architect of the Department of Education. As Chief Architect he played a critical role. In 1872 the Victorian parliament made a law under which schooling in Victoria was made free, secular and compulsory. It was to be an era of massive expansion. Hundreds of schools were to be built so as to carry out the intent of the 1872 Law.

Bastow's appointment to the Department was to change the face of education. He had trained in an architect's office in Dorchester, England, alongside Thomas Hardy, (later to become a famous novelist.) At that time Bastow was a member of the Baptist church and the two young men embarked on a prolonged argument on the topic of infant baptism. Encouraged by their architect master, both men studied Latin and Greek, reading and

Henry Bastow wrote to Harcourt's James Lang from Toorak translating the original texts of the classics for up to three hours before work in the architect's office each day. Hardy and Bastow continued a life-long correspondence. Valuable experience in Tasmania and Victoria fitted Henry Bastow for the demands of the new education regime. Henry Bastow energetically developed a series of template designs for various-sized school buildings and then adapted each to suit the specific needs of the individual schools. His designs were visually commanding. He wanted his designs to work and he wanted his buildings to make a statement that "Education Matters"

> Bastow's designs are in evidence in schools all over the state of Victoria. His was the typical 'state school gothic style' of which examples are to be seen in Castlemaine, Bendigo and Maryborough, as well as in most other centres of population. Contrasting brickwork, slate roofs, pointed-arch windows and a small bell tower- all of these are hallmarks of Henry Bastow's designs. A range of much smaller, simpler rural schools, sometimes in timber, was also designed. Working with limited funds and with multiple building crews, Bastow and his team built more than 900 school buildings, most of which are still in use today. The Victorian Chapter of the Australian Institute of Architects has inaugurated the Henry Bastow Award for educational architecture.

> When he retired to Harcourt, Henry Bastow brought his professional and organisational skills into play in setting up an orchard and developing a community of worshipping Christians. His apples were rewarded with excellent (and well-publicised) export earnings. Bastow's work bore fruit in other ways; he attracted a lot of like-minded folk to his weekly meetings. Many locals can number their forebears among Henry Bastow's 'little flock', people who practised non-denominational religion and who held to the centrality of Jesus' teachings and example. This was the era of divisiveness caused by the 'creation versus evolution' debate and the time when bigotry was the preacher's stock-in-trade. Harcourt was only lightly touched by these passionate arguments, because Henry Bastow's message of gospel faithfulness, social reform and uplifting the common people did much to give a unique stamp to the valley's community. It was a fortunate day for Harcourt when Henry Robert Bastow chose to make his home here.

> This is another in a series of thumbnail sketches of the pioneers, compiled by Harcourt Heritage Centre with acknowledgement to Lawrence Burchell's "Victorian Schools 1837-1900", the websites of 'Monument Australia' and 'Bastow Institute of Educational Leadership' Mrs. M Lang and the late C H James.



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Brick Nog and Old Oak

Soon after we moved in to our house a visitor, Nancy Bastow and our neighbour, the late Beth Frankling. told us some of its history, and a little of hers.

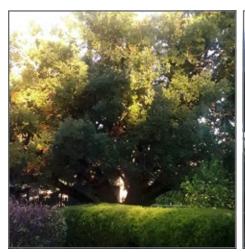
Nancy was the granddaughter of Henry Robert Bastow a Victorian Government architect who oversaw the design and construction of 900 schools, mostly Gothic Revival style, between 1870 and 1890; the Castlemaine North and South schools are examples of his work. His name was recently given to a Victorian Education Department training facility in a renovated school in North Melbourne.

Henry's daughter married orchardist James Hooton who built our house in Franklings Road Harcourt North. Peculiarly, but not uniquely, the house is brick nog construction, meaning bricks are laid between wall studs instead of timber nogging that usually stabilises the studs vertically and laterally. While Henry lived in Harcourt at the time it is not known if he influenced the building.

Earlier denizens of the property include a German farmer, Frederick (Johann Friedrich) Gies who built a two room granite dwelling atop the hill behind us. He may have also built the red brick structure, now a shed in our back garden where James Hooton lived before the brick nog house, naming it 'Coorigil' which he said meant 'place of an occasional bee'.

Later Alice and Fred Munday lived in the house. Alice was a renowned pianist and piano teacher in the district. Fred would ride his pushbike to the Ravenswood pub, and then home again along what is now part of the Calder Freeway. Nobody recalls whether his bicycle had lights.

The day we bought the house Alice's Beckstein grand piano was sold to a restorer, amid murmurs of doubt about refurbishing its weather-beaten hide.



The oak tree has a canopy of more than 25



The front of the house called "Old Oak" which was built using the "brick nog" method.



Stephen Carthew and Kathleen Gray, the owners of Old Oak.

Brick or stone nogging is common in Tudor or 'Elizabethan' structures that lend charm to towns and villages in southern England where the studs, often of oak, are left exposed with whitewashed stone or rubble nogging between. The exterior walls of our house are 'bagged' concrete reinforced with natural fibre. A local tradesman declined to repair it because he couldn't find enough horsehair!

As a young woman Nancy Bastow holidayed at our house with her family which was part of the local Plymouth Brethren community. Nancy wrote: "There are so many things I remember with pleasure: the sun setting behind the Porcupines (hills to the west), the long shadows of the trees, the sharp frosty mornings, the sound of rain on the iron roof, the scent of violets and petunias in my Aunt's garden and walking (somewhat fearfully) home across the paddocks in the dark after going out to tea. The last was a bit scary, but there was always the reassuring light far away in the dining room window to guide us."

Family lore attributed planting of an acorn that grew in to the large oak tree enveloping our house, to Nancy's cousin in 1904 – pre-dating Nancy's time here. We named our home Old Oak after the tree, which has a canopy diameter of more than twenty-five metres.

Nancy visited Harcourt over the years as a pre-school inspector. She would also visit a former teacher and friend,

The brick nog house has stood up to restoration and renovation. It sits firmly on rough cut grey box stumps that continue to support the weight of similarly tough plates and bearers, brick nog walls and pitched corrugated iron rooves. We, house, and oak tree coexist in a kind of historical symbiosis.

Stephen Carthew

Carr's Organic Fruit Tree Nursery

is now OPEN FOR ORDERS at www.mafg.com.au/trees Orders taken until June 30 Trees will be available to pick up from the farm on the 13th & 14th July



Maldon's Community Bus is a Shire **Wide Service**



Eight hardy and happy locals, and a visitor from Thurgoona braving the elements for that special bargain in Ballarat.

Maldon's Community Bus Trip groups and private individuals for Shoppers.

(They'll go anywhere and buy anything!)

A group of nine folk (ten including the bus driver), enjoyed a day out in Ballarat last Wednesday. These brave and hardy souls endured wind, rain and snow in pursuit of the elusive special bargain. Hunting high and low, rummaging and searching, umming and ah-ing, bantering and bartering, they scoured every corner, nook and cranny finding hidden treasures. That absolute necessity that they must have, and that item a trip our community bus might be that no home could possibly do just the right option for you. without!

a warm beanie as it was absolutely on 5475 2093 or visit our website freezing with a wind blowing from the Antarctic. In addition, yes it did au/community-bus for more actually snow, this was not surprising information. given the temperature didn't go much above 5 degrees all day. On our

journey home, the nice warm bus was loaded up with an Aladdin's cave of goodies, everything from crockery, bed linen, art works, clothes, books, puzzles, bags, wool, fabric and more beanies!

The Op shop tour was organised by the Maldon Neighbourhood Centre's community bus team. The bus is a terrific asset for our town and is used by both community

to Ballarat with the Intrepid Op events, outings and tours, hiring prices are reasonable and no special licence is needed to drive the bus. An accredited bus driver can be arranged for bookings if required. The community bus also travels into Castlemaine every Tuesday and Friday providing locals with a door-to-door service for shopping or appointments and can drop off library books for people on Fridays. There are regular local wine and art tours, which anyone is welcome to

If you or your group are planning

Call in or give us a ring at the To start the day everyone bought Maldon Neighbourhood Centre at https://www.maldonnc.org.

Tina Fratta (Bus driver)

Magnificent Clock for VMR

Colin Mierisch a lead member of the VMR is also an horologist, otherwise known as a clock maker. He has been working part time for three years making the Station Clock for the miniature station at the VMR site in Harcourt. The materials in the clock include brass. bronze and steel.

The clock's numbers are made from "dog spikes", the iron spikes which hold down the rails of a train line. Colin obtained these when the tracks at Box Hill were being refurbished. The numbers have been beautifully painted in black enamel. The clock's pendulum is made from a miniature steam locomotive wheel in cast iron.

VMR members have decided the clock is too special to be hidden in the clock tower of the miniature station (which is modelled on the Maryborough Station in Victoria). Instead it will be on display, but will be attached to three "slave" clocks, the faces of which will be in the clock tower.



Colin is shown beside the magnificent clock, holding the clock winder.



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Business Update – Sacred Postnatal Harmony

by Genevieve Ward

I recently met Libby Jackson at a business expo at the Castlemaine Town Hall and I was curious to hear about what she does in her business helping mothers as a Postpartum Doula.

Earlier in her career Libby was a nanny and then trained as a massage therapist with her own business in Castlemaine. She has lived here for the past 20 years on a property just out of town with a gorgeous view, no traffic, and the community feel. She enjoys, "Knowing that people will look out for each other. In my personal and working experience as a doula – whether someone is sick or having a baby - there are always people who will come over with a meal or hang out the washing."

Libby took a course for postpartum doulas in which the teacher incorporated ayurvedic cooking principles. These principles have become part of Libby's offering to new mothers. Libby explains that more and more people are becoming aware of postpartum doulas, because they are so needed. Once upon a time support would come from the women in the family so the new mother

could rest after the birth.In our society that support is often lacking for a number of reasons, including more women working away from the home and the lack of large extended families. "In traditional cultures around the world, from China to Morocco, new mothers are supported by their village, and as a result, low numbers of post-natal mood disorders or depression are recorded."

Libby runs free postpartum workshops where people come along

to a 1.5 hour group session. She shares information about why new mothers can get exhausted and overwhelmed, how to manage visitors plus how to build their own village of supports which can be neighbours, friends and paid resources, such as a cleaning service.

Libby points out that, "Most mothers plan for a birth – but you're not having a birth, you're having a baby. Once the

> baby is born you are postpartum forever and I facilitate how to plan for this time, especially the first 40 days."

> "In my role as a doula I can provide in-home postpartum massages, cooking and light housework. Further service offerings include holding the baby while the mother naps, or she might nap with the baby while I cook. I can show the dad how he can help with the baby while breast feeding. I can also

teach parents how to massage their baby. I mother the mother so she can care for her child or baby."

Libby enjoys running the postnatal planning workshops so as many people as possible can have access to this information and feel confident and supported in their physical, emotional and mental health. She has a resources page on her website which includes book suggestions and local practitioners to consider. Libby explains, "I don't tell people how to mother or parent. It's their family. They can parent their way. I do encourage the partner to come to the workshop as they are a big part of the support team."

Libby holds her FREE workshops for expecting couples in Castlemaine on a monthly basis. To

www.sacredpostnatalharmony.com.au

and complete the online form on the website.



Sacred Postnatal Harmony

Free postnatal planning workshop for expecting couples.

- Discover why new mothers often feel exhausted, overwhelmed and isolated and what to do about it.
- Learn how to get the support, sleep, love and confidence you need as a new mother
- Be inspired by traditional postpartum practices from around the world

As a postnatal doula, I support new mothers after birth. Learn to plan for after your baby arrives at my workshop in Castlemaine.

To learn more and book, leave your details on my website:

www.sacredpostnatalharmony.com.au





Weather and Water

At last we can say we have had some decent rainfall with some more expected in early June. Rain recorded for this year at Reservoir Road has been: 138 mm with the 90.5 mm received in May making up the greatest portion. It was depressing to receive only 1 mm of rain in April. The 138 mm this year is 30 mm below last year's count at the end of May. Last year we had good rain until it petered out in September; the ground was well primed for run off, but it did not happen as the weather warmed up. As a consequence our dam did not fill completely and was nearly empty by the end of summer. The bureau's predictions for winter rain are not positive, so overall the lower rainfall trend is worrying.

Personally I have enjoyed the cooler weather of late

autumn and early winter. The heat of summer is however, not a distant memory yet.

Coliban has released information to say the soil in catchment areas is well primed to receive further rain which will result in runoff to fill the reservoirs. Note in the table below that the catchments at Malmsbury are at 58%. Coliban has also reminded consumers to conserve water even in the cooler months. We would be wise to heed the message in case the hoped for rain does not occur.

Coliban Water has forecast the 2019/20 rural season to open at 100 per cent allocation and will announce the opening allocation on 1 July 2019.

Robyn Miller

Storage	Capacity at full supply	Current volume	Current volume	Volume same time last year	Volume same time last year
	megalitres	megalitres	% full	megalitres	% full
Upper Coliban	37,770	23,211	61.5%	27,565	73%
Lauriston	19,790	15,910	80.4%	15,960	80.6%
Malmsbury	12,034	1,713	14.2%	2,467	20.5%
TOTAL	69,594	40,834	58.7%	45,992	66.1%

Data from: coliban.com.au/site/root/water_security/reservoirs.html - June 2, 2019

Some Time Ago



Pascoe picking apples Mr. H. M. McLean's From The Weekly Times 5 April, 1941



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GATES OPEN 7.00AM

New stall holders welcome No pre-booking necessary ALL STALLS \$20 PER 6x5 metre site

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via Trove.

Diversity adds Strength to the Garden

One of the benefits of living in the country (and one of the reasons many people who move here make the 'tree change') is because there's so much space for a decent garden. But even if you have a large garden, it often makes sense to keep the fruit trees together in one space - both for ease of netting them to protect against birds (and maybe fruit fly as well!), but also because it makes setting up a simple but effective irrigation system easier if all the trees with similar needs are in one place.

A clever way to maximise your fruit growing potential with less trees is with a multigraft tree (more than one variety grafted onto the same rootstock, e.g. a Granny Smith and a Pink Lady apple). Another variation is a "fruit salad" tree that has fruit of different types on the same rootstock (e.g. an apricot and a plum on plum rootstock), and another way to get the most variety of fruit from the least space is to put two trees in the same hole. This not only provides a wider range of fruit in a compact space, but also takes care of pollination if you choose compatible varieties.

The disadvantage of all these arrangements is that one variety may be more dominant than another, but that can usually be managed by planting the trees with the weaker variety to the north so it gets more sun, and with some detailed pruning.

As you're considering how to improve the productivity of your fruit trees, now is also a good time to reflect on other ways of improving the health of your garden. As a guiding principle, try to add more diversity each year—different varieties of fruit trees, different understorey plants around and near your fruit trees (e.g., herbs, vegetables or shrubs—or even just weeds!), and even different microbes in your soil. Believe it or not, biodiversity is one of our best defences against the risks we face from pests and diseases, and even the weather!

How does that work, you ask? Well, the more varieties of fruit trees you have, the more likely you are to harvest at least something every year. A particularly wet spring, for example, may lead to disease in the stone fruit but the apples and pears will thrive. And having a diverse collection of plants in your garden (especially flowering plants, and yes—even weeds) provides good habitat to attract lots of beneficial insects that will do at least half your work of cleaning up the pests.

And as mentioned at the beginning of this article, adding more diversity to your collection doesn't have to mean planting more trees. It's also easy (and lots of fun) to graft new varieties onto existing trees, which is a great solution if you've run out of good places to put new trees. It's also a great way of turning a useless tree (e.g., a seedling or sucker that has come up, a cherry plum or a huge tree that produces a glut of fruit that you can't use) into a useful tree that is earning its place in your garden.

Grafting is a late winter/early spring job, but over winter (once the trees are completely dormant), you need to collect the grafting wood—we'll have more details about how to do this in next month's

Hugh and Katie Finlay have been organic orchardists for more than 20 years, and offer a free weekly newsletter called Weekly Fruit Tips. They offer online courses for gardeners interested in learning how to grow their own organic fruit. Go to www.growgreatfruit.com for details. They also offer a free weekly webinar (online workshop) called "The 5 Key Steps to Growing Great Fruit" - sign up at growgreatfruit.com/ webinar-landing.

Carr's Organic Fruit Tree Nursery is now OPEN FOR ORDERS at www.mafg.com.au/trees. Orders taken until June 30 and trees will be available to pick up from the farm on the 13th & 14th July.

Wheel Cactus Field Day 30 June 2019

Our June field day will start at 10.30 with a demonstration and a brief talk for any new Warriors before we set off for an hour or so injecting cacti, winding up with our usual tasty BBQ lunch, a cuppa and a chat.

The equipment – high vis vest, protective gloves and goggles – will be provided for the morning. You will just need a hat, stout shoes, long pants and long sleeves. Children will be welcome but must be accompanied by a responsible adult.

To find out all about this interesting and aggressive weed and what we are doing about it, see our website www.cactuswarriors.org or contact us directly at info@ cactuswarriors.org.

ASQ Plant of the Month

Hellebores

Hellebores serve as a beautiful welcoming committee for

Commonly known as a 'winter rose', Hellebores are from the same plant family as Ranunculus. Hellebores are an exceptional addition under your deciduous trees and will display a long-lasting array of varying foliage with prolonged flowering.

From purple to white, yellow to multi coloured, there is sure to be a Hellebore variety to suit your garden.

Visit ASQ Skydancers during the cooler months to see our extensive range of 'Winter Elegance' Hellebores and add a touch of whimsy to your garden this winter!











Thanks Harcourt

Thank you to everyone who participated in the Ideas-a-thon and Ideas Lab as part of Shine Harcourt in May. We now have a selection of brilliant ideas to stimulate the Harcourt economy. Stay in touch with the project at bit.ly/SubscribetoShine.

Complete the wellbeing census

Don't forget to complete the Healthy Heart of Victoria 2019 Active Living Census. You can complete it online at www.srcentre.com.au/ALC or fill out the printed copy sent to all households in May. The results will help us to better understand what our community needs to be active, healthy and happy. It also provides valuable data that will help us to successfully apply for government grants and funding. Submit the census by Thursday 16 June to be in the running for some great prizes. Thank you for taking part.

Sign up to a small business workshop

Keep an eye out for Council's monthly low-cost workshops to help local small business operators build skills and expertise. Find out more at www.mountalexander.vic.gov.au/BusinessResources.

Have your say

Council regularly seeks feedback from the community on a number of topics. Find out about opportunities to share your views at www.mountalexander.vic.gov.au/HaveYourSay.

Council meetings

- . 6.30pm, Wednesday 12 June at Civic Centre
- . 6.30pm, Tuesday 16 July at the Civic Centre.

Everyone is welcome to attend. Council meetings are recorded and broadcast live to the internet via YouTube.

Civic Centre

Corner Lyttleton and Lloyd Streets P.O. Box 185 Castlemaine VIC 3450

t (03) 5471 1700

e info@mountalexander.vic.gov.au www.mountalexander.vic.gov.au

Castlemaine Bus Lines Harcourt Services Monday to Friday

	am	pm	pm			
Market St/Harmony Way (Harcourt)	8:55	12:10	2:25			
Coolstore Road/Midland Hwy (Harcourt)	8:56	12:11	2.:26			
Coolstore Road/Midland Hwy (Harcourt)	8:57	12:12	2:27			
Blackjack Rd/Midland Hwy (Harcourt)	9:03	12:18	2:33			
Halford St/Barker St (Castlemaine)	9:05	12:20	2:35			
From Castlemaine to Harcourt Monday to Friday						
Castlemaine RSL/Mostyn St (Castlemaine)	8:45	12:00	2:15			
Wimble St/Barker St ((Castlemaine)	8:48	12:03	2:18			
Blackjack Rd/Midland Hwy (Harcourt)	8:53	12:08	2:23			
Coolstore Rd/Midland Hwy (Harcourt)	8:54	12:09	2:24			
Market St/Harmony Way (Harcourt)	8:55	12:10	2:25			



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HARCOURT

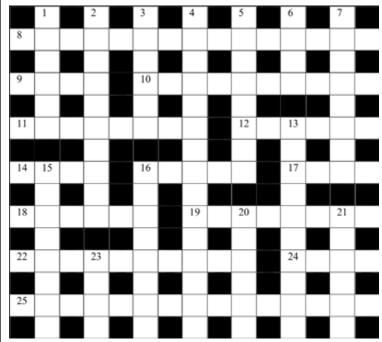
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June 2019 Xword @McW.June '17



Down:

- 1. Prepare cake mix and shoot through? [4,2]
- 2. Ship me here, over the equator. [10]
- 3. Observer of wet bells? [6]
- 4. Smarter I collect the washing and bring it in from this shocking weather. [10,5]
- 5. Electron-loser under bounds-setting claim has strong drive to get on. [8]
- 6. Extent of surface sounds more breezy! [4]
- 7. A lot on in his head, but it's only in his head... [8]
- 13. Nice lout is a bit immoral. [10]
- 15. Stern matron bristled at the bits of drool. [8]
- 16. Wave the claymore about in austere breakfast cereal. [8]

- 20. Cleave in two one deviating religious group within LBGTQI. [6]
- 21. The missal verses are found on a tray when the ladies are gone. [6]
- 23. Requirement, possibly because of want. [4]

Across:

- Could large wombat ever come to terms with burgeoning growth in the garden? [9,6]
- 9. Prison for the French needle-users? [4]
- 10. Cacti-clad, I feel a build-up of this during strenuous exercise. [6,4]
- 11. Could prove to be just a longer-term transit lounge... [4-4]
- 12. Where wizard is, and the heather, doing nothing... [6]
- 14. Sounds of promotion for hewers. [4]
- 16. Really bringing it home to start the scientific revolution? [5]
- 17. Temperature of a thinner type of 14 used on metal. (4)

- 18. Porcine mates squeeze into middle row at the flicks. [6]
- 19. Bees with élan might collect from these conifers. [8]
- 22. They may leave the lads in debt if they overcome the blasted din to entertain these ladies. [5,5]
- 24. What the protagonist of 12 is? [4]
- 25. Pressure breaks for Custer's star serf. [6,9]

May 2019 Xword Solution ©McW June '17



- 8. [Fairey] Gannet landed (on 25) 11.59pm (!) mid-last century. [Well?]
- 9. [A1(etc.) good bloke may] even play one in the middle. [4]
- 10. Shoe star is on board, but not 8 or 25... [3-7]
- 11. Had ample vision with this gear. [8]
- 12. Storage for gear related to 11 might $\boxed{\text{hoax}}$ $\boxed{\text{B}}$ ritish $\boxed{\text{Telecom}}$, briefly. [3-3]
- 14. When safe, take Greek bit out of Japanese bit... and use in cuisine. [4]
- 16. Temporal herb? [Well?]

Down:

- 1. Bleats may be heard from here if 3 is present... [6]
- 2. Poor Ted beat harder with hardly a stitch left. [10]
- 3. Not usually in 1—more of a ruminant sheepdog in Oz... [Well?]
- 4. If psychos star, it is so psychiatrists can analyse these scientists... [15]
- 5. Blended old conman?[Well?]
- Biting small annoyance in backward dynasty. [Well? T'ang...]
- After his hearing test, would Poe scoot round to another specialist for this? [8]

- 13. <u>Predator rakes right</u> along my surfboard. [5-5]
- 15. Shows empathy [is EMPATHIC] but when stirred can be forceful. [8]
- 16. Wary aunt might avoid trouble. [4,4]
- 20. The <u>front of Truman [*Capote*]</u>'s <u>shoe</u>. [3-3]
- 21. Practise less a 'C' than a whole row. [6]
- 23. Move a short distance slowly. [*Well?*]
- 17. Oily [with bergamot...] peer? (4)
- 18. Soap and fruit [pear] to visually manifest? Not so... [6]
- 19. Attention-holding way to 22? [Well?]
- 22. Upper case to profit? [Well?]
- 24. Make haphazard collection with 22 and 19. [Well? Only rich buggers need apply...]
- 25. Would likely expect late landing by bird at 8. [Well? Favourite place for Gannets to land...]



Community Diary Dates

Thursday 13th June: 7.30 pm Harcourt Valley Landcare Meeting, ANA Hall.

Saturday 16th June: 10 am to 12 Roundabout Working Bee contact Sha: 0422 206 361.

Monday 17th June: 7.30 pm, Applefest Planning Meeting, Heritage Centre, ANA Hall.

Saturday 22 June: 4 pm to 8 pm. Solstice Bonfire, Harcourt Valley Winery, HPA Free community event.

Sunday 23rd June: 1.30 pm to 4 pm Harcourt Heritage Centre, Fireside Chat, The Birthday Book.

Sunday 23rd June: 10 am to 12 midday; Harcourt Valley Landcare Working Bee. Secretary: 0467 670 271

Wednesday 24 July: AGM Harcourt Progress Association Bowling Club Dates: See page "News from Harcourt Bowling Club" on page 12

Carpet Bowls: Wednesday nights at 7.15 at the Harcourt Leisure Centre until the end of September.

Heritage Centre: Open every Wednesday at the ANA Hall from 10 am to 4 pm or by appointment. Call: 0400 916 527.

Pony Club: Second and fourth Sundays of the month from 9.30 am to 12 midday. Next to swimming pool.

Walking Group: Every Monday and Thursday at 9.30 am. Meet at the ANA Hall.

Uniting Church: Every Sunday at 9 am in the Uniting Church, Buckley Street Harcourt, followed by morning tea. All welcome.

CWA: First Thursday of the month; 1.30 pm at Harcourt Leisure Centre.

Harcourt Lions Club: Meetings every third Friday of the month at 7.30pm at the Victorian Miniature Railway, Harmony Way. For further information, contact Di Selwood 0488 148 358.





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Vale Janet Goodchild-Cuffley

Local artist Janet Goodchild-Cuffley, who died on 13 May, 2019 was a resident in this area for many years and was a highly respected art teacher and artist who excelled at telling women's stories through narrative painting. She was a colleague of mine at Bendigo TAFE; she taught there from 1990 until 2010 and was a beloved mentor to many of her students and an integral part of a dynamic art department.

Janet's work explored the stories of women in myth and the lives of women in history. She was an academic who thoroughly researched every series she painted. Her paintings were often full of movement; they were always colourful, sometimes dramatic and usually contained symbols which drew the viewer in to further explore the messages contained within.

The Core has featured a number of stories about the last series Janet painted, Furious Riding, The Kelly Women Narratives. In the first edition of The Core in December 2013, we featured the first painting in the Kelly Women Narratives, Beyond the Ninth Wave shown again here.

Flying birds and animals, flying human figures and angels often featured in Janet's paintings. Women artist friends of Janet painted her coffin with angels, clouds and other symbols which have appeared in her paintings. At her funeral, friends and relatives spoke of Janet's open and gentle nature, her wisdom and bravery. She is survived by her partner Tom McWilliam, her son William and a large extended family.

Robyn Miller

Beyond the Ninth Wave:

Ellen Quinn (Ned Kelly's mother) sailed to Australia from Ireland with her parents and seven siblings. While the shipboard experience in 1841 would have been extremely difficult, this painting shows

Ellen's mother and some of the children enjoying some time on the deck. Ellen in her blue dress is barefoot and singing. What does the presence of the mermaids signify? In myth they are goddesses of the sea, but they can whip the sea into a furious storm; as the sirens of Greek myth they lured adventurers to their deaths, but here one seemingly innocently plays an Irish harp, but note the expression on the

mermaid's face. Should their presence be heeded as a warning? There was surely trouble ahead for Ellen in her adult life. Janet's research records that Ellen became a favourite with all on board as she would sing "little Irish songs." "The painting is titled *Beyond the Ninth Wave* to "reflect the Irish tradition that the land extended from the shore to the ninth wave. To be sent beyond the ninth wave was to be in exile." This information is taken from the publication *Furious Riding, The Kelly Women Narratives*, by Janet Goodchild-Cuffley.



Upcoming Cycle Races in and Around Harcourt

Bendigo and District Cycling Club Races:

- Sunday 30th June: Mount Alexander Classic. Begins at Emu Creek Hall and finishes at the top of Mount Alexander. The approach to the summit of the Mount is from the Faraday Sutton Grange Road.
- Sunday 14th July: Harcourt Classic. Starts and finishes at Emu Creek Hall. The race enters Harcourt from the Faraday Sutton Grange Road and then goes along Harmony Way, McIvor Road and the North Harcourt Road.

Castlemaine Cycling Club

• Saturday 27th and Sunday 28th July: Junior Cycling Tour: Castlemaine Cycling Club in conjunction with Cycling Victoria will hold a Junior Tour based in the ANA Hall in Harcourt on 27th and 28th July. Cyclists and their families will travel from across Victoria to compete in these selection races, for the Victorian State Junior Team, to compete in the National Championships on the Gold Coast in September. Many of the big name Victorian cyclists of today have gained very valuable experience in

these junior tours, and this 3 Stage tour will cater for riders in Under 11, 13, 15 and 17.

Racing will commence 9 am Saturday with a Time Trial. Cyclists will travel south on Harmony Way to a "U" turn and return to the finish line in Harcourt and Saturday afternoon will see racing, north and south of Harcourt on Harmony Way. The tour will finish on Sunday morning when cyclists take on the tough 12km course of Market St/Reservoir Rd/McIvor Rd and Harmony Way, while others travel the distance north on Harmony Way to a turnaround point near the freeway before turning onto the 12 km circuit.

There will be no road closures, but there will be some reduction in speed limits on the courses for the duration of racing.

Members of the community are very welcome to come down watch racing as these budding riders show off their skills and fitness to the selectors.

- Saturday 3 August: TBA
- Saturday 14 September: Ken Maddern Memorial
- Saturday 28 September: Hill Climb or Time Trial



