



Harcourt Moves

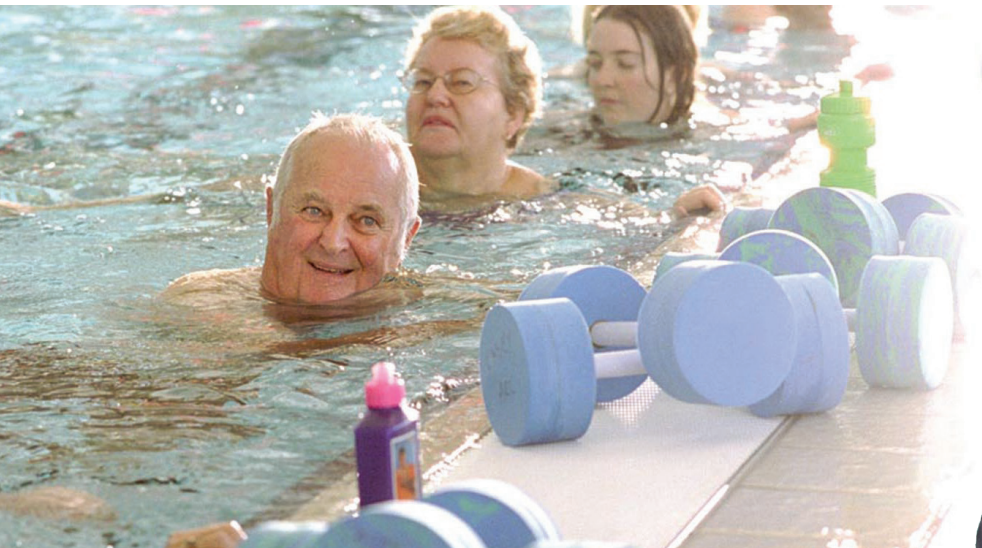
Work out in water this summer with Harcourt Moves!

Specifically designed for the Harcourt Community, this Aquacise program is a low impact workout suitable for all fitness levels and ages.

Classes run on Thursday's at 6pm from January 14th through to March 3rd at the Harcourt Outdoor pool.

Fees: \$10.00 per session

* Please note that if numbers are consistently low the YMCA reserves the right to cancel classes at any time.



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